

The Great Adventure Scripture Study

Wednesday Evening (7:00-8:30 PM)

Walking Toward Eternity: Engaging the Struggles of Your Heart

Walking Toward Eternity by Jeff Cavins & Emily Cavins is an inspiring series designed to help participants live their faith more fully. Through daily prayerful meditation with Scripture (lectio divina), they will be drawn into an intimate and life-changing encounter with Christ.

Engaging the Struggles of Your Heart, the second series of **Walking Toward Eternity** is a challenging study that can open our eyes to obstacles in our Christian walk such as greed, envy, fear and shame. Through prayer, reflection, guidance, and the aid of the Holy Spirit, we begin to engage these difficulties in a positive way as we continue toward our goal of union with Christ. This study introduces seven common struggles. You will learn how to engage your: appetites, shame, envy, anger, fear, loneliness and hopelessness.

Come and join Sr. Barbara Rund on Wednesday evenings from 7:00-8:30 PM in the Parish Hall B.

<u>Session</u>	<u>Date</u>	<u>Topic</u>
1	January 24, 2018	Living on Purpose
2	Jan. 31	Engaging Your Appetites
3	Feb. 7	Engaging Your Shame
4	Feb. 28	Engaging Your Envy
5	Mar. 7	Engaging Your Anger
6	Mar. 14	Engaging Your Fear
7	Apr. 11	Engaging Your Loneliness
8	Apr. 25	Engaging Your Hopelessness
9	May 2	Extra <i>(In case of inclement weather)</i>

**Eternity: Engaging the Struggles
Winter 2018**

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Facilitator: Sr. Barbara Rund, OP

NAME: _____

ADDRESS: _____

CITY: _____ ZIP: _____

EMAIL: _____ Phone # _____

FEE: [] **\$17.00** Journal and Bookmark
(Please make checks payable to St. Hugo – Bible Study)

Return To: Sr. Barbara Rund, OP, D.Min. (Pastoral Associate) 248-644-5460
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